



www.hopefromthebottomup.com

September 2022 Newsletter

The Arts:

**Beautiful Music and Beautiful Photography Always Bring Hope to Me,
and I Hope to You!**



“Autumn Leaves” by Nat King Cole

Click on this link: [The Autumn Leaves By Nat King Cole - YouTube](#)

The Arts:

**Creating Humor is a Form of Art.
I think Humor Helps Create a Hopeful Attitude.
Puns are Considered the Lowest Form of Humor.**

I Love Them 😊



To see and read more puns, [click on this link](#)

Hope-Filled Organizations:

Capuchin Community Services - Milwaukee

Our Mission: Inspired by the gospel of Jesus and the example of Francis of Assisi, the Capuchin friars of the Province of Saint Joseph, together with our partners in ministry, prayerfully build sister-brotherhood in the world. We attend simply and directly to spiritual and other basic human needs, especially those of people experiencing poverty and disenfranchisement, promoting justice for all.



St. Ben's Community Meal

St. Ben's Community Meal site serves a hot, home-made dinner six nights a week, Sunday to Friday, 5:15 – 6:30 pm. Over 90,000 meals are served each year. All are welcome and are considered family in a community that shares a warm, safe environment.



Capuchin Apartments

Capuchin Community Service's housing program, the Capuchin Apartments, partners with Heartland Alliance, and offers affordable supportive housing. The 38 apartments showcase high-quality, low-cost homes for people who are low-income, chronically homeless, and dealing with mental health issues. The Capuchin Apartments resident on-site services focus on helping residents maintain housing stability and maximize their independence. Capuchin Apartments is a unique collaboration between city, county, state and federal agencies along with several non-profits that funded and launched the project. To read more, click on this link: [Capuchin Community Services](#)



[The Chicago Tool Library](#)

Chicago Tool Library gained popularity during the pandemic. And now it's expanding.

Dia Gill, Chicago Tribune, August 3, 2022

Anthony Nicholson and his wife have embarked on a number of home improvement projects over the past couple of years, from fixing up the family’s front porch to 3D-printing household items with their three kids, all with the help of tools borrowed from the Chicago Tool Library.

“They have a 3D printer, which has been really fun to borrow once in a while, and the kids have a lot of fun just playing around with it,” he said. “We have an older house that has the old-school locks ... and there was no lock on the bathroom, but there was a little keyhole — and so we 3D-printed a key for the bathroom.”



Tessa Vierk, co-founder of the Chicago Tool Library, at the Bridgeport location on July 27, 2022.

Photo by Terrence Antonio James/Chicago Tribune/TNS

Opened in the Fall, just before the pandemic, the Bridgeport-based Chicago Tool Library has become a resource for many residents who want to tackle home improvement projects for the first time but lack the tools. The library’s mission is to “provide equitable access to tools, equipment and information to allow all Chicagoans to learn, share and create.”

In addition to basic household tools, the library offers camping equipment, sewing machines, craft supplies, kitchen equipment, folding tables and more.

The library, which has emerged as not only a resource hub but a collaborative community, has a “pay what you can” annual membership model that allows members to pay nothing or as much as \$400 per year to borrow items, according to co-founder and Executive Director Tessa Vierk. To read more, click on this link: [Chicago Tool Library gained popularity during the pandemic. And now it’s expanding. \(msn.com\)](https://www.msn.com/en-us/news/local/chicago-tool-library-gained-popularity-during-the-pandemic-and-now-its-expanding)

Allies for Community Business' Neighborhood Entrepreneurship Lab



Supporting small businesses. Strengthening communities

Our Mission is to provide the capital, coaching, and connections entrepreneurs need to grow great businesses that create jobs and wealth in their communities.

Our Values

Accountability

- We set clear expectations and achievable goals to create measurable impact for our clients and our community.
- We embrace our professional roles and responsibilities, and we effectively deliver on our commitments.
- We own up to our mistakes, rapidly repair them, and learn from them with humility.

Collaboration

- We work together to serve all entrepreneurs holistically and creatively.
- We are transparent with and responsive to each other, our funders, our partners, our clients, and our community.
- We listen carefully and patiently to each other, our funders, our partners, our clients, and our community.

Respect

- We empathize with the struggles our entrepreneurs and our own team may be facing.
- We value diversity in our team, our funders, our partners, our clients, and our community.
- We speak considerately and directly with each other, our funders, our partners, our clients, and our community, sharing praise and suggestions for improvement in order to build trusted relationships.

Passion

- We share our enthusiasm for this work with each other, our funders, our partners, our clients, and our community, and we celebrate the successes of our clients and our team.
- We welcome difficult challenges and work hard to find bold and innovative solutions to tough problems.
- We are excited to do this work every day and are committed to working alongside our partners to create real change.

To learn more about Allies For Community Businesses, click on this link: [About • Allies for Community Business \(a4cb.org\)](https://a4cb.org)

Stories of Hope:

Neighborhood Entrepreneurship Lab boosts small local businesses with grants, mentors: 'Entrepreneurialism is the soul of American business'

By Darcel Rockette, Chicago Tribune, June 08, 2022

From interior design to sociology to three jobs at education nonprofits, Danielle Tubbs' journey to baking took a bit of a circuitous path. The Miami transplant, now an East Garfield Park resident, is trying to make her passion for baking boldly flavored, Jamaican-inspired vegan, nut and soy-free cookies into a household name. Tubbs filed for an LLC and bought a domain name eight years ago for [Tubby's Taste Vegan Cookies](https://tubbystaste.com).



Danielle Tubbs of Tubby's Taste Vegan Cookies, at the Allies for Community Business' Neighborhood Entrepreneurship Lab celebration at The Hatchery in Chicago's East Garfield Park neighborhood on May 26, 2022. Tubbs was one of the award recipients at the event, receiving a grant worth \$20,000 to grow her business. (Chris Sweda / Chicago Tribune)

“I believe in capitalism so strongly ... the way it’s been a cornerstone of the American experience, the small farmer, everything,” he said about why he created the endeavor with the Chicago Community Trust. “I felt very strongly that where we’ve missed as a country is we haven’t encouraged enough people that hadn’t come from more affluent backgrounds, particularly people who are Black, brown, Native Americans. I just felt that would strengthen the community so strongly.” To read more of this article, click on this link: [Entrepreneurship lab seeks to increase small business owners of color \(chicagotribune.com\)](https://www.chicagotribune.com/story/news/business/2022/05/26/entrepreneurship-lab-seeks-to-increase-small-business-owners-of-color/84106022) To watch a 2 minute video of Danielle on Good Morning America, click on this link: <https://www.goodmorningamerica.com/news/video/woman-quits-job-start-business-delicious-treats-84106022>

Elon Musk's brother celebrates opening of 10,000-square-foot 'smart' farm in Kenosha

TERRY FLORES Lee Newspapers, Aug 17, 2022

KENOSHA — Freshly grown basil in February. You read that right. Dill, parsley and cilantro, too. Don’t forget the mixed greens.

These and more were part of the celebration Tuesday at Square Roots’ largest and newest indoor urban “smart” farm located on the Gordon Foods Service campus at 10915 38th St., Kenosha.



Kimbal Musk, founder of Square Roots, second from left, Hans Hansen, regional general manager of Gordon Food Service, third from left, and Tobias Peggs, CEO of Square Roots, fourth from left, cut the ribbon as Squared Roots employees Nick Rodriguez, left, and Shelby Sanderson, right, hold the ribbon during a grand opening celebration at the new Square Roots facility on Tuesday, Aug. 16, 2022.

Photo SEAN KRAJACIC Kenosha News

While the 10,000-square-foot farm site where production takes place inside a two-story structure built with 20 repurposed shipping containers initiated operations in late January, officials had yet to formally introduce Square Roots. They did so with invitation-only festivities Tuesday amid sunny skies, an occasional cloud cover on an otherwise perfect 78-degree day. Dozens of guests mingled beneath a tent to enjoy refreshments and appetizers made with the harvested bounty “just a few feet away,” as the menu with the specials du jour proclaimed. To read more and see a 2 minute video about this step forward in local, healthy food production, click on this link: https://journaltimes.com/news/local/watch-now-elon-musks-brother-celebrates-opening-of-10-000-square-foot-smart-farm-in/article_1b1918d8-1e55-11ed-bb46-9b6cf42930a8.html?utm_source=journaltimes.com&utm_campaign=%2Fnewsletter-templates%2Fnews-alert&utm_medium=PostUp&utm_content=01bd8f4bbd87b1b8e02791bc07ac6336d5dd61a8

Sharing Ideas:

I included an article I wrote titled “Bad News vs. Hope” in the August 2022 Hope Newsletter. Here is a link to that article. <https://hopefromthebottomup.com/news/bad-news-vs-hope> One woman shared some thoughts in response to that article. Here is what she said:

I'm a member of Attitude of Gratitude which is an online community of people with Chronic Pain Conditions. We support one another to focus on what we CAN do, never complaining or talking about limitations. This helps us be more productive in our families and communities.

When I contacted this woman about this group, she sent me a link to the Facebook page of this group.

<https://www.facebook.com/groups/attitudeofgratitudewithchronicpain/?ref=share>



She further wrote to me the following: *I joined the group early on. I was approximately member 485 in 2015. There are now over 10,000 members, seven years later!*

There are bonus groups, e.g., Journaling Club, Crafts & Hobbies group, and they offer a couple of Zoom Group Mtgs weekly. I've met some super women through this group. No one can really understand you unless they've experienced it themselves, so this is an invaluable resource for people with chronic pain, regardless of its source. It can be a lifesaving support for people who are experiencing the shock of the imposed restrictions and losses associated with the onset of chronic pain.

Share this Newsletter

If you find this Newsletter to be a positive contribution to promote Hope and positive changes for now and in the future, please forward this Newsletter to people you think would enjoy it and who may want to share their hopeful stories and programs for future Newsletters. They can sign up for the monthly Newsletters by doing the following:



Hope From the Bottom Up website link: <https://hopefromthebottomup.com/>

Or, send me an email (robert@robertbeezat.com) with the name and email address of the person you think would be interested. I will then contact them.

Thank You