



[www.hopefromthebottomup.com](http://www.hopefromthebottomup.com)

## **December 1, 2020 Newsletter**

During November, a number of items have been added to the website.

You can read, see, and/or listen to them by going to the website listed above. Or, you can click on the links below to connect to the new additions directly or by sections on the website.

Also, since this is the holiday season, one thing I always find hopeful is a large group coming together to make joyous and hopeful music. Here is a link to such a broad and diverse group doing just that singing the Hallelujah Chorus in a Philadelphia shopping mall. <https://www.youtube.com/watch?v=ohagajvzhU>

**SHARING IDEAS:** November Question: **What books and/or articles you have read, and/or videos or movies you have seen which give you hope?**

1. From a woman in Wisconsin: "For me, this short video is very moving!" It is about Paul Harvey an 80 year-old composer with dementia, who, with the help of his son, Nick, composed and recorded a two minute piece which gained attention on Twitter. It was recorded by the BBC Philharmonic. The song went to number one on the iTunes and Amazon charts last week. Stephen Sondheim sent a video to Mr. Harvey congratulating him and telling him he can't wait to steal the song. Here is a link to the 7 minute video: <https://www.broadwayworld.com/clipplay/VIDEO-Sondheim-Surprises-Composer-With-Dementia-After-His-Song-Goes-Viral-20201104>
2. One of the Hope-Filled Organizations added to the website in November is the I Am Abel Foundation. You can learn more about this group by going to the Hope-Filled Organizations section of this website. Here is a link to a an 11 minute video about the work being done by this foundation: <https://www.youtube.com/watch?v=rToo22yHwbM>

## **STORIES OF HOPE**

### **First Woman Appointed as the General Manager of a Major League Baseball Team**

1. The Women's Liberation Movement for equal opportunity took another step forward with the appointment of Kim Ng, as the first woman to be named the General Manager of a Major League baseball team, the Miami Marlins. She is the first woman to be a general manager of any of the four North American men's professional sports teams: baseball, basketball, football, or hockey.



**Way to go Kim!**

[https://www.espn.com/mlb/story/\\_/id/30310018/miami-marlins-hire-kim-ng-mlb-first-female-general-manager](https://www.espn.com/mlb/story/_/id/30310018/miami-marlins-hire-kim-ng-mlb-first-female-general-manager)

2. In the September Sharing Ideas section of the website, I included a story about Tom Rutkowski and the work he and others are doing to improve our environment through the Sierra Club and the Clean Power Coalition in southeastern Wisconsin. Here is a link to that story in September:

<https://hopefromthebottomup.com/news/who-do-you-know-and-what-do-they-do>

The work of these groups has resulted in some positive changes taken by We Energies, a longtime producer of electric power using coal to do so.

### **We Energies to retire part of Oak Creek coal plant; replace with solar, batteries, gas**



To read more, click on this link: [https://journaltimes.com/news/local/we-energies-to-retire-part-of-oak-creek-coal-plant-replace-with-solar-batteries-gas/article\\_e0962d28-38a7-599c-9607-c8f1b232bac1.html#utm\\_source=journaltimes.com&utm\\_campaign=%2Fnewsletter-templates%2Fnews-alert&utm\\_medium=PostUp&utm\\_content=01bd8f4bbd87b1b8e02791bc07ac6336d5dd61a8](https://journaltimes.com/news/local/we-energies-to-retire-part-of-oak-creek-coal-plant-replace-with-solar-batteries-gas/article_e0962d28-38a7-599c-9607-c8f1b232bac1.html#utm_source=journaltimes.com&utm_campaign=%2Fnewsletter-templates%2Fnews-alert&utm_medium=PostUp&utm_content=01bd8f4bbd87b1b8e02791bc07ac6336d5dd61a8)

Also, here is a link to the November Newsletter of the Clean Power Coalition discussing the story above, as well as other Clean Power news and activities. <https://mailchi.mp/511631ec0b4c/november-newsletter-clean-power-coalition-of-southeast-wisconsin?e=3b099af5a8>

3. Community State Bank (CSB) is a regional bank in southeastern Wisconsin with locations in Kenosha, Racine, and Walworth Counties. They have taken two recent initiatives which are bringing Hope From the Bottom Up.

One initiative is working with a group called Love, Inc. located in Burlington, WI. CSB partnered with the Burlington Rotary Club to provide over 150 Thanksgiving meals to residents in the area. To read more, go to: <https://csb.bank/thankgivingdonation>

The second initiative is a monthly podcast to help its customers stay informed and give a local perspective on items that may be in the news. The first podcast was put online on November 19, 2020. The title is "Feel Good Friday: Teaser - Let's talk about the good stuff in our community!" CSB Marketing Intern, Twila Dovas sits down with CSB President & CEO, Scott Huedepohl to introduce a new podcast series called "Feel Good Friday". Here is a link to that 10 minute podcast: <https://csb.bank/podcasts>

4. Lucy's Children's Fund [www.lucyschildrensfund.org](http://www.lucyschildrensfund.org) is my family's foundation to help children who can use a hand. Attached is our latest newsletter.

**HOPE FILLED ORGANIZATIONS:** The following Hope-Filled Organizations were added to the website in October. Please click on this link to read about these groups and connect to links with more information about each group. <https://hopefromthebottomup.com/hope-filled-organizations>

1. One of the Stories of Hope added to this website in October is **Love, Wisconsin**. <https://www.lovewi.com/> This group introduced me to **The Heartbeat Center For Writing Literacy and the Arts** which is a group of writers, artists, and educators whose collective goal is to enhance writing, art, and literacy opportunities for

people of all ages. “We’re passionate about providing opportunities for individuals to explore their artistic and literary abilities while encouraging them to recognize the importance of the connections between people and places.” The Center is located in Osseo, WI <http://www.theheartbeat.us/home.html>

2. **I Am Abel Foundation** Our Vision: The I Am Abel Foundation is a 501c3 nonprofit organization that seeks to bridge socioeconomic gaps and promote achievement amongst underrepresented minority inner city youth so that every child will have a shot at the not so impossible dream. Our Mission (excerpt): Our foundation believes that suboptimal education combined with inadequate mentoring and opportunities are key barriers for our children. For the full Mission Statement click on: <https://www.iamabel.org/fullmission>  
I Am Abel Foundation video: <https://www.youtube.com/watch?v=rToo22yHwbM>

## THE FUTURE

### HOPE – Happiness or Positivity Everyday

A thought about the future from a woman in Wisconsin.

## THE ARTS

### Athletic Performances



I enjoy playing all types of sports, and I enjoy watching them as well. One reason I enjoy watching athletes in action is that sometimes the things they do with their bodies are wonderfully artistic and beautiful. One of the great pleasures I have experienced was watching the artistry of figure skaters Meryl Davis and Charlie White win the 2014 Gold Medal Ice Dance competition at the Sochi Olympics. Here is a link to that performance. Enjoy!  
<https://www.youtube.com/watch?v=a5JUnTJrnps>

## PRAYERS & SPIRITUALITY

### THE TRAIN

This article was sent to me by a woman in Oregon. She was not sure who wrote it. I included it in the Prayers and Spirituality section of this website because it has aspects of prayers and spirituality to it.

*At birth we boarded the train and met our parents, and we believe they will always travel by our side. As time goes by, other people will board the train; and they will be significant i.e. our siblings, friends, children, strangers and even the love of your life. However, at some station our parents will step down from the train, leaving us on this journey alone. Others will step down over time and leave a permanent vacuum. Some, however, will go so unnoticed that we don't realize they vacated their seats. This train ride will be full of joy, sorrow, fantasy, expectations, hellos, goodbyes, and farewells. Success consists of having a good relationship with all passengers requiring that we give the best of ourselves.*

*The mystery to everyone is: We do not know at which station we ourselves will step down. So, we must live in the best way, love, forgive, and offer the best of who we are. It is important to do this because when the time comes for us to step down and leave our seat empty we should leave behind beautiful memories for those who will continue to travel on the train of life.*

*I wish you a joyful journey for the coming years on your train of life. Reap success, give lots of love and be happy. More importantly, thank God for the journey!*

*Lastly, I want to thank you for being one of the passengers on my train!*

**SHARING IDEAS New Question for December: What are one or two challenges which you think we should work on together to bring positive change to our communities and our country as we enter a new year?**

Please submit your response through the Sharing Ideas section of the website.

<https://hopefromthebottomup.com/news>

## **Share this Newsletter**

If you find this Newsletter to be a positive contribution to promote Hope and positive changes for now and in the future, please consider forwarding this Newsletter to people you think would enjoy it and who may want to share their hopeful stories and programs for future Newsletters.

**Thank You**