



[www.hopefromthebottomup.com](http://www.hopefromthebottomup.com)

## October 2023 Hope Newsletter

**The Arts:** One of the things I really enjoy about living in the upper Midwest is the changes of seasons. Each season of the year has its own scenes of beauty. Autumn is often spectacularly beautiful as illustrated in this 2 minute and 40 second musical video.

**Beautiful Music and Beautiful Photography Always Bring Hope to Me,  
and I Hope to You Also!**



**“Autumn Leaves” by Nat King Cole**

Click on this link: [The Autumn Leaves By Nat King Cole - YouTube](#)

**Hope-Filled Organization:**



**Vivery means to thrive and live your best life.**

We envision a world where technology eliminates barriers and equalizes access



It all began when entrepreneurs, Nasrin and Mark Thierer, pooled their technology and healthcare experience and success and founded Thierer Family Foundation with a mission to help nonprofits be more impactful through technology.

After years of building technology for food banks and pantries, Thierer Family Foundation created Vivery in collaboration with the Greater Chicago Food Depository to address the very complex and nuanced challenges of the food assistance ecosystem at scale. Vivery is a non-for-profit organization focused on building, enhancing and managing Vivery technology.

In 2021, Vivery was officially launched to bridge the digital gap and equalize access to nutritious food and other food services, for everyone. Vivery received a coveted Chicago Innovation Award for one of the most innovative new tech solutions brought to market in 2022.



To learn more about the Chicago Innovation Awards, click on this link: [Home - Chicago Innovation](#)

Vivery Community, a public charity, fundraises to bring Vivery technology and programs to every food bank and pantry at no cost, and partners with local providers to extend food access in our communities.

The Vivery technology built by Thierer Family Foundation digitizes access to food for everyone. Our network of food banks and pantries use our centralized find food map and modern digital tools to provide up-to-date information online, so neighbors can effortlessly access the right food, programs and services nearby. To learn more about Vivery, click on this link: <https://www.vivery.org/>

**Hope-Filled Organization:**



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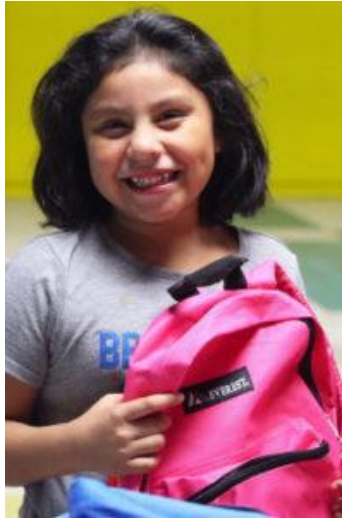
# About Erie Neighborhood House

Since 1870, Erie Neighborhood House has provided the most comprehensive support immigrant and low-income families in Chicago need to thrive and has constantly evolved to meet their needs.

Today, Erie House is a modern social services nonprofit with programming and resources for children & youth, mental health & community wellness, adult education & training, legal services, and more.

Through these programs, we empower the people we work alongside to build powerful communities.

## Back to School Supplies and Backpack Donation Drive



Erie House collects backpacks and school supplies for the nearly 300 kids in our programs every year.

## Erie House & New Arrivals from Texas

Erie Neighborhood House has served immigrants for over 150 years. Since August 31 2022, the City of Chicago has continued to welcome hundreds of migrants bused from Texas to Chicago. Our city is striving to greet them with dignity and respect, and the city government, in collaboration with local, state, federal, and community partners, including Erie House's very own staff, continues to ensure their basic needs are met. Erie House is looking to support the new arrivals in any way we can. This includes providing housing support twice a week and providing basic hygiene products and **NEW** clothing. To learn more about Erie Neighborhood House, click on this link: [Home - Erie Neighborhood House \(eriehouse.org\)](https://eriehouse.org)

**Hope-Filled Organization:**



**DrawBridge connects children with creativity and community through free expressive art programs at shelters, affordable housing facilities, and community centers across the San Francisco Bay Area.**

**WHAT WE DO:** Since 1989, DrawBridge has provided free expressive arts programs to children at shelters, affordable housing facilities, and in communities across seven San Francisco Bay Area counties. Trained facilitators

and volunteers promote a safe and supportive environment for each participant to explore playful creativity that is essential to healthy development. Our approach allows children to establish their own direction, pace of creation, and depth of self-exploration.



## Art-full Dreams

Al Boro Community Center  
Canal Neighborhood Group  
San Rafael

Since 1989, DrawBridge has served more than 35,000 families. Children ages five and up are given the opportunity to connect with their community and explore playful creativity that is essential to healthy development.

**Our Mission:** Drawbridge provides children with the opportunity to tap into their creativity and build self-confidence through expressive art.

**Our Vision:** DrawBridge connects children with creative expression, their communities, and a wider world of possibilities.

**Our Philosophy:** The benefits of the expressive arts should be accessible to all children.

Drawbridge programs promote a safe and supportive environment for each participant's self-expression and exploration of the creative process. Our approach to providing child-focused art experiences allows children to establish their own direction, pace of creation, and depth of self-exploration.

DrawBridge programs are always free for families and offered directly in the communities we serve, removing financial and transportation barriers for participants.

To learn more about Drawbridge and its programs, click on this link: [DrawBridge](#)

### Story of Hope:

A good example of local, state, and the federal government, with support from the private sector, to address a regional environmental issue.

# Wetlands are Back at Cliffside Park!

Root-Pike WIN & Racine County Break Ground on this Major Wind Point Plan Project



Wetland work has begun at Cliffside Park! Listed as “Highly Critical” in the [U.S. Environmental Protection Agency/Wisconsin Department of Natural Resources-approved Wind Point Watershed Restoration Plan](#), this 40-acre project will enhance native flora to encourage migratory bird stopovers, boost pollinator foraging, and reduce sheet runoff to the eroding Lake Michigan bluffs.

The wetland scrapes have been recreated and now have open water. Planting and seeding of native species, as well as invasive species eradication, will occur through the fall and into next year.

Thank you to Racine County, U.S. Fish and Wildlife Service, Great Lakes Restoration Initiative, and Microsoft whose generous support and funding made this project possible!



For more information about the Root-Pike WIN organization on the Hope From the Bottom Up website, click on this link: <https://hopefromthebottomup.com/hope-filled-organizations#root>

**Prayers & Spirituality:** Some thoughts and a picture from a thoughtful woman in Wisconsin:

I am familiar with a hymn since Elementary school. In the past 10 years or so, I was pleasantly surprised that it would come to mind, seemingly without provocation. I'd "hear" the words when it came to my mind, and I'd sing, "Praise God from Whom All Blessings Flow," and usually just stop after that, even though there are a few more lines of lyrics. It seems to have become more like a mantra for me, often coming to mind while I was driving or walking in the morning. It continues to surface as a surprise to me. No formal Meditation time set aside to focus on it. It's just a simple, yet powerful string of words; the first sentence of a hymn, which reminds me of the Spiritual basis of life and centers me. "Praise God from Whom All Blessings Flow." I only need the first sentence, sung soulfully, aloud, or silently, if others are around. It comes naturally, raising my consciousness of the blessings and goodness surrounding me in my life. My HOPE is that everyone will be able to see the beauty and blessings in their lives and have HOPE that the goodness WILL prevail. Peace ☺



### Share this Newsletter

If you find this Newsletter to be a positive contribution to promote Hope and positive changes for now and in the future, please forward this Newsletter to people you think would enjoy it and who may want to share their hopeful stories and programs for future Newsletters. They can sign up for the monthly Newsletters by doing the following:



Hope From the Bottom Up website link: <https://hopefromthebottomup.com/>  
Or send me an email ([robert@robertbeezat.com](mailto:robert@robertbeezat.com)) with the name and email address of the person you think would be interested. I will then contact them.

**Thank You!**