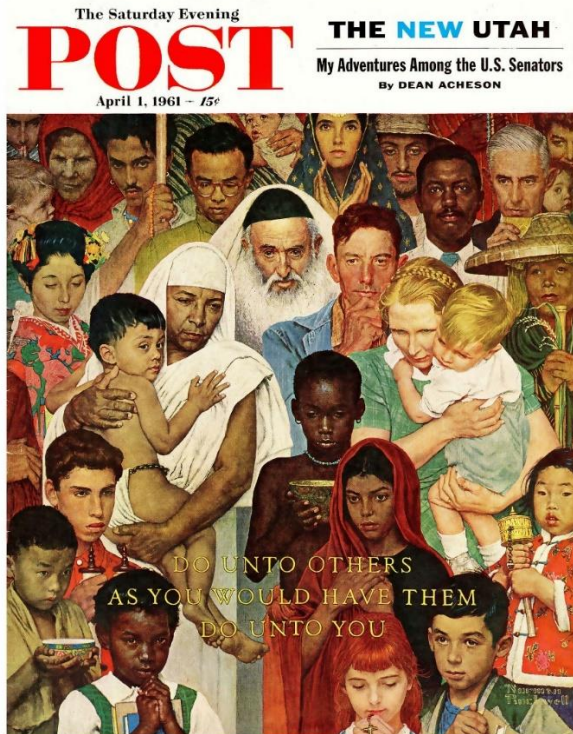




[www.hopefromthebottomup.com](http://www.hopefromthebottomup.com)

## January 2022 Newsletter

### The Arts:



**The Golden Rule Painting by Norman Rockwell**

To See an 8 minute video of why and how Norman Rockwell created this painting, click on this link:

[https://youtu.be/YY\\_8qAeKMrM](https://youtu.be/YY_8qAeKMrM)

### Prayers & Spirituality:

## Here's The Golden Rule For Different Religions And Philosophies

- In everything, do unto others what you would have them do to you. For this sums up the law and the prophets. *Christianity - Matthew 7:12*
- Do not offend others as you would not want to be offended. *Buddhism - Udanavarga 5:18*
- None of you are true believers until you love for your brother what you love for yourself. *Islam - Prophet Muhammad*
- What is hateful to you, do not do to your neighbor. This is the whole Torah; all the rest is commentary. *Judaism - Hillel, Talmud, Shabbat 31a*
- Tzu-kung asked, "Is there one word which can serve as the guiding principle for conduct throughout life?" Confucius said, "It is the word altruism (shu). Do not do to others what you do not want them to do to you." *Confucianism - Analects 15:23*
- I am a stranger to no one; and no one is a stranger to me. Indeed, I am a friend to all. *Sikhism - Guru Granth Sahib, pg. 1299*
- Regard your neighbor's gain as your own gain and your neighbor's loss as your own loss. *Taoism - T'ai Shang Kan Ying P'ien, 213-218*

- One should treat all creatures in the world as one would like to be treated. *Jainism - Mahavira, Suttrakritanga*
- We are as much alive as we keep the Earth alive. *Native American Spirituality - Chief Dan George*

## A Suggestion for How to Live the Golden Rule in Our Everyday Life

By Brother Satyananda, a monk at the Self Realization Fellowship in California  
Taken from Parabola magazine, Winter 2021-2022 Issue

Who we become is our ultimate accomplishment.

As we begin to discover who we really are  
we want to grow and develop ourselves  
so we can give others the best of ourselves.

We are interconnected.

We are not isolated.

We have roots in each other.

The unity we seek ,  
the happiness we seek,  
the sustained fulfillment we seek  
is connected to others.

To live and serve with “bliss-bestowing hands”  
is the fulfillment of every virtue,  
the fulfillment of every golden rule.

### Stories of Hope:

#### Invest, Dream, Achieve Program Changing Lives One Student at a Time

By [Sara Rae Lancaster](#), [Peninsula Pulse](#) – September 3rd, 2021



*Invest, Dream, Achieve alumna Cora Doumouras, pictured here with her husband, Jake Bastian, and sons, Lukas and Finn. Photo by Artemis Photography.*

School was never Victoria Jacquart’s thing. A self-described rough childhood led her down a rocky path into her teen years, and eventually she dropped out of high school, believing she didn’t have much of a future. Now, as she inches closer to earning an associate degree in business management from Northeast Wisconsin Technical College (NWTC), she’s looking beyond that to getting a bachelor’s degree in psychology and, eventually, earning a PhD in psychology and opening a private counseling practice.

Jacquart credits the [Invest, Dream, Achieve program](#) – a community-grant program that’s a collaboration between the Women’s Fund of Door County and NWTC – for her shift in mindset.

“When I moved to Door County from Manitowoc, I decided to get my life together,” Jacquart said.

She earned a high school equivalency diploma before enrolling in the business-management program at NWTC-Sturgeon Bay. She knew she was on a better path, “but I still had this fear of not being able to pay for college since I was working a low-wage job at the time,” she said.

Being new to the Door County area, she also lacked a support network – especially one that understood her situation as a nontraditional student. Enter the Invest, Dream, Achieve program. It began in fall 2018 to help Door County women achieve their goals through education, financial stability and career exploration.

A \$200,000 grant from the Women’s Fund of Door County made the program possible. But instead of focusing on scholarships alone, the Invest, Dream, Achieve program takes a holistic approach, supporting women in the various challenges that can affect their educational goals.

“These women are juggling a lot on top of wanting to better themselves,” said Karen Peterson, a member of the Women’s Fund’s board of advisers. “From the beginning, it felt like if we could just give them a chance – not by giving them a crazy amount of financial assistance, but the tools they need to help them flourish – they could succeed.” To read more, click on this link: <https://doorcountypulse.com/invest-dream-achieve-program-changing-lives-one-student-at-a-time/> To learn more about the Women’s Fund of Door County, read about them below under Hope-Filled Organizations section.

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## A former ambassador finds optimism at a high school debate contest in Indiana

By LEE FEINSTEIN CHICAGO TRIBUNE DEC 03, 2021



This piece may be disturbing to some readers. It offers limited hope, optimism and earnest language, with brief scenes of unity.

Like many who have worked on promoting democracy around the world, I spend a lot of time these days worried about the state of our democracy at home. The global democratic recession has evolved into an anti-democratic wave.

But as we move into the holiday season of selflessness and good cheer, I found comfort and confidence when I wasn’t looking for it: at a suburban high school in central Indiana, as an amateur judge at one of the first in-person high school debate tournaments since lockdown.

I traveled on a recent Saturday morning on the school bus with my son, a high school senior and the local debate team for a fall day inside watching forensics. The students are instructed to adhere to a judicious mask mandate: Wear them when you’re not eating. Take them off, if you want, when it’s your turn to debate. The students and their parents reacted to the announced safety protocols without a shrug. No complaining. No studied outrage: just a willingness to do what was needed to participate safely in an activity they loved.

The debaters arrived by 8 a.m. at the tournament from large and medium cities, suburbs and small towns across the state. Like their students, the teachers and coaches are a casually diverse and interactive group: white, Black, Asian and Latino. Some of the debaters have been in the Midwest for many years. Others are more recent arrivals to the United States. Dare to think of it not as flyover country, but as America's third coast.

In the debate rooms, young people of all races and genders face off against each other. To the students and the debate judges, the racial and gender differences are unremarked and unremarkable. It's not that the students don't have different points of view. If you listen carefully, you can detect leans to conservatism, left activism, libertarianism and mainstream politics. But there are no bubbles or algorithms in the debate room. Students are assigned to a side and are prepared to argue both for and against the stipulated resolution; in this case: Resolved: A just society ought to recognize an unconditional right to strike.

To read more, click on this link: [Op-ed: A former ambassador finds optimism at a high school debate contest in Indiana - Chicago Tribune](#)

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## **Carthage students create marketing company to promote renewable energy**

Racine Journal Times Dec 19, 2021



KENOSHA — Carthage students Sophie Shulman and Zach Gibson are not typical college students. Together, they're dedicated to lowering the cost of renewable energy for Wisconsin residents and have started a marketing business to facilitate the sale of residential solar panels.

"Climate change is an urgent need that needs to be addressed, but people don't always understand the options available to make the change toward renewable energy," Shulman says. That's where their business, Blackbird Gen, comes in.

Shulman is a marketing and music major from Gurnee, Ill., and Gibson is a marketing and finance major from Byron, Minn. They started the green energy project with a grassroots approach last year when they joined Enactus at Carthage.

According to its organization page, Enactus is an "international organization that connects students and business leaders through entrepreneurial projects that empower sustainability progress for their communities."

For their Enactus project, the two entrepreneurs reached out to All Energy Solar, a solar panel installation company that offers a referral program to green energy advocates.

Since forming Blackbird Gen, they have organized a group buy through their partner. That means the more panels people purchase, the higher the rebate they receive. To read more, click on this link:

[https://journaltimes.com/news/local/education/carthage-students-create-marketing-company-to-promote-renewable-energy/article\\_c6ad08b3-fe96-58bd-a811-8680d5268152.html](https://journaltimes.com/news/local/education/carthage-students-create-marketing-company-to-promote-renewable-energy/article_c6ad08b3-fe96-58bd-a811-8680d5268152.html)

To learn more about the EnActUs organization, read about them below under Hope-Filled Organizations.

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### **Hope-Filled Organizations:**



## INVESTING IN WOMEN

### BENEFITS US ALL

We are a granting organization for women and girls in Door County. We believe that when we give women the tools they need to succeed, their families and their community will prosper. **INVESTING** in women and girls is the smartest choice for funding long-term solutions to issues that concern us all.

The largest charitable fund in Door County that focuses on the

### NEEDS OF WOMEN AND GIRLS

A group of local residents believed there were underserved women and girls in Door County. These committed volunteers interviewed and listened to nearly two dozen charities and not-for-profits to gather information and identify needs. After months of hard work and devotion, the Women's Fund of Door County was founded. To read more, click on this link: [What We Do - Women Fund of Door County \(womensfunddoorcounty.org\)](http://womensfunddoorcounty.org)

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**WE BELIEVE INVESTING IN STUDENTS WHO TAKE  
ENTREPRENEURIAL  
ACTION FOR OTHERS & CREATES A BETTER WORLD FOR  
US ALL.**

**OUR VISION:** To create a better, more sustainable world.

**OUR MISSION:** Engage the next generation of entrepreneurial leaders to use innovation and business principles to improve the world.

To learn more about this organization click on this link [Enactus - Dedicated to making the world a better place through entrepreneurial action.](http://enactus.org) Then click on the four minute video on the first page of the website.

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### Our Mission

#### Helping build the spiritual foundation for a loving world

At the Fetzer Institute, we believe in the possibility of a loving world: a world where we understand we are all part of one human family and know our lives have purpose. In the world we seek, everyone is committed to courageous compassion and bold love—powerful forces for good in the face of fear, anger, division, and despair.

Inspired by our founder John E. Fetzer, we encourage each other to discover new ways of knowing our sacred world and explore our personal spiritual journeys as we work toward transformed communities and societies in which all people can flourish.

Each member of our team—and each of our partners committed to this common vision—brings a unique spiritual and religious lens, but all of us are drawn into community by our shared sense of sacred connection to ourselves, each other and our planet. And together, we inspire and serve a global movement transforming the world into a more loving home for all.

Learn more about our work <https://fetzer.org/work> and meet our community <https://fetzer.org/community>

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## Update Re: Racine Women For Racial Justice



Racine Women for Racial Justice was added to the Hope From the Bottom Up website this past June. I think they have achieved a very impressive track record.

To learn more about their organization, click on this link: <https://hopefromthebottomup.com/hope-filled-organizations#justice> To see a copy of their 2021 year-end report, [click here](#)

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### **The Future and Sharing Ideas:**

**Share Your Thoughts:** One of the readers of the monthly Hope Newsletter submitted the following comments during December 2021.

**Her Comments:** I agree with & am appreciative of your thoughtful responses and ideas of proposed solutions to the identified problems! I think they're incredible and want this to reach a wider audience. Yes, of people in powerful political and legislative positions, but also, especially with all civic-minded people. Educators in High Schools, Colleges and Universities could add SOLUTIONS as a course or include them in curriculums. Young people want to be led to groups in which they can make a positive difference in our society. They are seeking such avenues, as I learned of Gen Z seeking through the SnapChat App. Just some very broad outreach ideas. But I don't see anyone else proposing any solutions even close to what you've written in your essays. I want them to get attention. SO much of media is eliciting anger, inciting anger and hate. Both sides of the political fences waste resources perpetuating sensationalized and speculative rhetoric on all news outlets except for PBS, where they strive to present factual news, but all reported news is not factual. I agree 100% in accountability behind the written and spoken word. Let me know how I can help!

**My Response:** Thank you for your kind and supportive words. One of the goals of the Hope From the Bottom Up website is to spread good news and good ideas among people who want to see a better world, a more hope-filled world for themselves, their families, their neighbors, their communities, their country, and the entire world.

I am trying to inform people of the many efforts being made by a broad range of everyday people to make the world a better place. I hope that by seeing what others do, those coming to the Hope website will be inspired to join a similar, already existing group, or start a group of their own.

I am trying to expose people to positive possibilities on a broad range of topics.

I want to show people that much success over the years has been achieved in so many different ways.

To do this, I am approaching the Hope website as a non-partisan, non-political sharing of ideas. There are other ways outside of the realm of The Hope From the Bottom Up website where I try to share ideas and possibilities within the political, business, not-for-profit, and neighbor-to-neighbor worlds.

## Share this Newsletter!

If you find this Newsletter to be a positive contribution to promote Hope and positive changes for now and in the future, please consider forwarding this Newsletter to people you think would enjoy it and who may want to share their hopeful stories and programs for future Newsletters. They can sign up for the monthly Newsletters by doing the following:



[www.hopefromthebottomup.com](http://www.hopefromthebottomup.com)

Or

You can send me an email ([robert@robertbeezat.com](mailto:robert@robertbeezat.com))  
with the name and email address of the person you think would be interested.  
I will then contact them.

## Thank You