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HOPE NEWSLETTER AUGUST 2025

This Hope Newsletter focuses on healthy food production and distribution. Generally, each Hope Newsletter highlights a diversity of organizations, stories, and topics. But producing and distributing healthy food has become a growing challenge in our country and around the world. So I thought it would be good to group together what some of the issues are regarding the production and distribution of healthy food and the many individuals and organizations starting to address these issues.

Hope-Filled Organization:



Welcome to Fields of Sinsinawa

Sharing the good news of healthy soil for a healthy planet

We are passionate soil caretakers committed to understanding and sharing how soil care practices can impact not only farm outcomes but also water quality, human health, and community wellbeing.



Mission: Our farmer-led mission is to inspire the informed adoption of holistic soil care practices through collaborative learning, field-scale demonstrations, and meaningful community connections.

Vision: Our vision is a world where holistic soil care is widely practiced, fostering healthy people, vibrant communities, and a thriving planet for future generations.

We Believe

- Caring for the land is sacred work.
- Growing healthy food begins with functioning soil.
- Agricultural systems have the capacity to cycle carbon, protect and/or restore water resources, produce healthy food, and preserve land for future generations.
- Peer-to-peer networking and sharing are the best teachers.
- Open minds and diverse views lead to new insights and understanding.
- No one has all the answers; we are all learners.

Cultivating Common Ground for the Common Good.

There is something special here. Long before the [Dominican Sisters](#) came, our Indigenous ancestors called this place Manitoumie, “a place where the Spirit dwells.” In 1847, the Spirit called for something new. Young women of the area were invited to come together by the lone Catholic Missionary of the area, Samuel Charles Mazzuchelli, OP, to teach the children of the immigrant families struggling for a new life in this lead-mining region. This was the beginning of the Dominican Sisters of Sinsinawa.

Sinsinawa Mound continues to be the home and Motherhouse for these sisters. They have treasured this land for its beauty and nourishment for over 177 years. The Sisters farmed some of their land to provide for their own needs, milked their cows, and tended their woods and understood that tending the fields and nurturing the land was an important part of their mission. They became rooted in this driftless region along with those whose ancestors were among the immigrant families they had taught in their early years.

Today, in this time of ecological crises, the Spirit of Sinsinawa calls again: *Earth is suffering. Soon she will not be able to provide for her children.* The Sisters of Sinsinawa heard that call. The Fields of Sinsinawa will continue their mission of education and service to the community. It is a response to the Spirit’s call to attend to our suffering earth by providing opportunities for others to deepen a commitment to the well-being of present and future generations. To learn more about the work of the Dominican sisters and local farmers, click on this link: [Fields of Sinsinawa – A Farmer-Led Learning Center](#)

Hope-Filled Organization:



Good Earth • Good Food • Good Life

FOOD THAT IS BETTER FOR EVERYONE

Our Mission: To bring high-quality local food and food products from sustainable family farms and small businesses to consumers.

Through our sales, we also strive to make these healthy products more available to vulnerable populations via the Food Conservancy.



Our Story: We want nothing more than to live on the land and farm it. We want to produce food that doesn't poison the earth or groundwater. We want to use methods that make that food safe and preserve the land for future generations of farmers. There are over 100 family farms and small businesses in our alliance. Some are 3rd or 4th generation stewards of the land who raise their animals humanely and sustainably care for the earth. We have banded together to be able to bring our foods to retailers and restaurants through a robust Local Food partnership with SYSCO. When you purchase Good Natured Family Farms' products, you support the local family farms around the Kansas City area as well as our various "Good Food" charitable endeavors.

To learn more about this food growing organization, click on this link: [Good Natured Family Farms](#)

To view a 5 minute video about starting a healthy farm, click on this link: [Practical Tips for Beginning Farmers: Build Strong Networks - YouTube](#)

Hope-Filled Organization:



The Food Conservancy Mission Statement

To create regional community-based and integrated food systems that are locally owned, environmentally sound, and economically viable with an emphasis on serving our most vulnerable communities.

The Food Conservancy Activities

To provide networking, education, mentoring, promotion, consulting, and serve as a resource to farmers and consumers to foster local food systems. To promote job creation, nutrition education, and healthy food options for all of society, that include farm to school lunch programs for students, and outreach. To engage communities to become stewards of the land and create sustainable local food economies that promotes social justice.

The Food Conservancy is Driven by 3 Main Goals

The FIRST Goal is to get healthy, fresh food into our vulnerable communities. The Food Conservancy is driven to navigate the barriers of accessible, nutritional food due to economic, social, geographical and cultural factors.

The SECOND Goal is to incentivize small and mid-sized farmers to grow and sell more products locally and to receive a fair price. We work to strengthen the sustainability of the local farming community.

And the THIRD goal is to create food chain resilience that anticipates and thwarts potential threats of food unavailability in the Midwest.

To learn more about this organization and the good work they are doing, click on these links:

[Home | The Food Conservancy](#)

[TFC Newsletter Issue 1.pdf - Google Drive](#)

The Arts:

This poem/prayer was submitted by a reader of the Hope Newsletter.

For When You Wonder If It Matters at All

By Paul Dazet

*God of never-ending Love,
You know how tired I am.*

*You know how many times I've wondered,
Does this little act of faithfulness even matter?*

*The systems feel too big.
The masters too harsh.
The jars too fragile.
The empires too cruel.*

*And I'm just me,
One small life,
One trembling yes.*

*But still you say:
Bury the gold,
Not to hide, but to resist.*

*Carry the treasure,
Even if the jar cracks.*

*Defy Pharaoh quietly,
And keep the children breathing.*

*Lift your face to the dawn,
And let mercy meet you again.*

*I may not see the fruit today.
But I choose to believe:*

*Steadfast love is still being poured out.
Beauty still breaks through.*

*Resistance still matters.
Mercy still flows*

Your work through me is not in vain.

*So fill me with your gladness this morning.
Establish the work of my hands,*

*Not for applause,
But for love.*

*Love that endures when all else fades.
Amen.*

Share this Newsletter!

If you find this Newsletter to be a positive contribution to promote Hope and positive changes for now and in the future, please consider forwarding this Newsletter to people you think would enjoy it and who may want to share their hopeful stories and programs for future Newsletters.

Hope From the Bottom Up website link: <https://hopefromthebottomup.com/>
Or send me an email (robert@robertbeezat.com) with the name and email address
of the person you think would be interested. I will then contact them.

Thank You